



RE-ENTRY EMPLOYMENT SERVICE PROGRAM (RESP)

EMPLOYMENT HURDLES

Listed below are some of the common employment hurdles that may prevent you from getting or keeping a job.

Check each hurdle that applies to you:

- I don't have transportation to work. _____
- I don't have childcare or reliable back-up childcare. _____
- I don't have a high school diploma or GED. _____
- I have no work history or limited work history. _____
- I don't know how to get started. _____
- I have negative feelings about going to work. _____
- I have limited family support. _____
- I lack self-confidence. _____
- I need references for work. _____
- I need housing _____
- I have health problems or someone in my family has health problems. _____
- I have substance abuse problems. _____

Now, let's come up with a plan to overcome any item you checked!